

Mentor- Mentee Report

Case Study-I, Dated- 2nd July 2022

KISS Deemed to be University has good practice of Mentor-Mentee system. Mentoring is a formalized relationship between two people (Student and Teacher) that is structured to develop a mutually beneficial one-on-one relationship. Mentees learn from teacher who has traveled the path before them. Mentors have an opportunity to invest themselves in students who seeks what they can offer. Mentoring also helps the community by encouraging an environment where people motivate each other and work together to improve skills and knowledge.

I am taking mentoring classes on every Saturday from 3pm to 5pm. Its great experience to interact with mentees. I have 14 mentees from PG 1st year. On 2nd July 2022 I have mentor-mentee class. It was attended by 08 Students from PG 1st year Named as:

1. Pramila Majhi
2. Sasmita Majhi
3. Karishma Meleka
4. Mamata Soren
5. Urmila Batra
6. Mili Nahak
7. Jakub Padra
8. Mayab Mallick

That time I was very new and situation was very challenging for me due to language of Odia and English/Hindi. They were encouraged to speak in English only. I have kept them motivated to study hard and overcome the fear and shyness they faced in their academic and personal life. I used to communicate in English so that they use to speak fluently in English. Apart from this they teach and communicate me Odia language. I made myself available to listen to their concerns and advise related to both the languages. Now the situation is, they have very good command in English and I use to understand Odia Language very well.

Arpana Premi Lina Oraon



Mentor- Mentee Report

Case Study-II, Dated- 19th November 2022

Newly admitted students faced problems at the beginning of the session 2022. They were counseled and advised on regular academic matters. Overall we had discussed how to cope with the teaching learning system. Discussions were made in classroom and mentoring classes. Students were advised to focus their energy in learning, problem solving and doubt clearing. They were asked to ask their doubts in class as well as in special classes. Mentees were advised not to lose their focus and encouraged to give their best. I have got 15 new Mentees from PG 1st year. On 19th November 2022 only 10 mentees have attended my class. Their name as follows:

1. Anita Majhi
2. Mandakini Lakra
3. Reeta Nayak
4. Padmanava Majhi
5. Santosh Kandhamaka
6. Pabitra Nayak
7. Ram Chandra
8. Gajendra Baskey
9. Panga Mallicj
10. Sumanta Patra.

Santosh is extrovert student and interested in cultural and sports activity. I have suggested him to talk with sports director of KISS and get involved in sports activity. Now he is participating in different sports activities in KISS.

Mandakini Lakra is good in sports but slow learner in studies. I have discussed with her for studies and giving more emphasis on her studies. Now she is overcome in different subject matter and doing her best in studies.

Arpana Premi Lina Oraon



Mentor Mentee Interaction

Name of the Mentor:- Dr. Kamal Prasad Mohanty

A mentoring session was held on 19/02/2023 at LT-307 of KISS Higher Education Campus-3. The following mentees including the mentor are present during the interaction session.

Sl No	Name of the Student	Class	Subject
1	Ananta Majhi	PG-I	History
2	Binosh Raita	PG-I	History
3	Enipson Raita	PG-I	History
4	Jhasaketan Naik	PG-I	History
5	Nagarjuna Bhoi	PG-I	History
6	Rushikesh Karjee	PG-I	History
7	Sanuja Mallick	PG-I	History
8	Shreetam Bhoi	PG-I	History

This interaction started with a formal introduction of all the mentees with each other. Apart from these following points are discussed during the mentoring session.

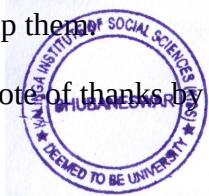
Regarding their personal problem:-

I always make my mentoring session student friendly so that my mentee can share their personal problem. I believe every mentor should act like a friend (with some limitations) with the young students so that they can feel free to share their problem. During the session one of my mentee comes to me with full of stress. I noticed that and try to make him relax with some kind of light jokes. Immediately he hugged me and cried like a small kid, then he said that he was in a relation with a girl and vis-à-vis, but now that girl ignored him. Then I realized the situation and tried to make him relax. I talk with my monitor to take care of him secretly and talked with our counsellor and sort out the problem.

Regarding their Health Sanitation:-

Being the mentor or campus guardian of my mentees, I always emphasise their health and sanitation. Here in our campus we have a hundred bedded Hospital where all the students can regularly check-up their health. But I am trying to aware them regarding their cleanliness and hygiene. Sometimes I visit their hostel room to verify the cleanliness and also sometimes I invited our KISS Doctors to mobilise the students. As I am dealing with the adult students here in my campus sometimes they need counselling for which being a mentor I also suggested them to visit our counsellors. In case of any emergency in their hostel their friends and student volunteers are always there to help them.

Finally the session ends with the formal vote of thanks by the monitor Mr. Ananta Majhi.



Mentor Mentee Interaction

Name of the Mentor:- Dr. Kamal Prasad Mohanty

A mentoring session was held on 17/04/2022 at LT-306 of KISS Higher Education Campus-3. The following mentees including the mentor are present during the interaction session.

1	Dhalamani Beruk	PG-II	History
2	Giridhar Urlaka	PG-II	History
3	Gobinda Sabar	PG-II	History
4	Gopal Marandi	PG-II	History
5	Subash Bhoi	PG-II	History
6	Suguda Majhi	PG-II	History
7	Surendra Majhi	PG-II	History
8	Tibrat Kumar Dhan	PG-II	History
9	Samir Mallick	PG-II	History
10	Hadi Dhangada Majhi	PG-II	History

This interaction started with a formal introduction of all the mentees with each other. Apart from this these following points are discussed during the mentoring session.

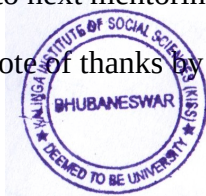
Regarding their Academics and Career:-

The prime objective of our University is to provide free and quality Education to the marginalized section of the society and we also follow the philosophy of our Honourable founder that **“Education is the third eye of the Child”**. So when my mentees are discussing some of their doubts regarding their class or some specific subjects on a priority basis I am trying to sort out in my personal level or sometimes take the helps from my department and other colleagues. Many of them asked about their future career for which I suggested them to visit the career counselling cell of KISS-DU. Also suggested them to appear the CPC classes organised by, KISS-DU. I developed a strategy about the peer education system where the strong student can guide his friends on the sense of slow learners or average learners.

Regarding Extracurricular Activities:-

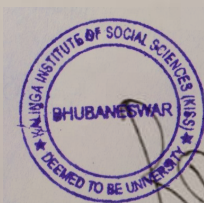
I circulated the idea of our Honourable founder **“Earn while you learn”**. For which I always motivate our students to enrol with different vocational wings provided by KISS-DU. Apart from this, I can share with lots of happiness that many of my mentees are international sports persons. When they are going to participate in any events they inform me and when they return back with their trophy they are meeting me with joy and happiness. That makes me really happy. In this session we make it compulsory for everyone to enrol with at least one extracurricular activity before they come to next mentoring session.

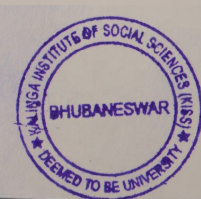
Finally the session ends with the formal vote of thanks by the monitor Mr. Surendra Majhi.



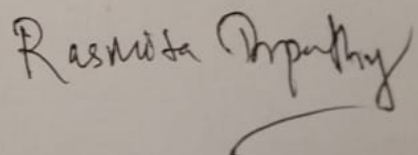
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Report on Student Counselling and Mentoring

A mentoring session was conducted on dt. 19th November 2022, Saturday, 4.30p.m. in the Room No. 106 of the New Girls' Hostel with 9 girls of first year Post Graduation course of English programme who have been assigned to me as mentees.

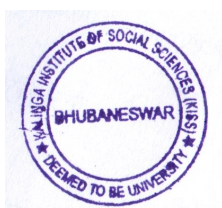
The major concerns put forward during counselling were problems related to menstrual cycle. Four of the mentees had irregular cycle which cause a lot of stress for them. Two had complaints of painful cycle. One of the girls also shared her experiences of mood swings during her cycle. We discussed some of the basic information regarding menstrual cycle, how important it is to maintain hygiene and how to cope with the hormonal changes and emotional instability during menstrual cycle. They were also counselled on the correct process of using sanitary napkins, the need for a balanced diet, particularly for the girls. They shared that it becomes difficult for them to manage proper hygiene when they go back to their village due to the unavailability of sanitised napkins. I assured them to have an orientation session with the gynaecologist appointed in the campus who would guide them in details on the issues discussed.

The mentees expressed their opinion quite comfortably. They appeared excited and relaxed at the end of the session.

Dr. Preetinanda Roy

Mentees Present

- | | |
|----------------------|--------------|
| 1. Gayatri Karjee | (English-PG) |
| 2. Muni Gamango | (English-PG) |
| 3. Nikita Pradhan | (English-PG) |
| 4. Roshnirani Naik | (English-PG) |
| 5. Sisina Karjee | (English-PG) |
| 6. Srijanti Pidikaka | (English-PG) |
| 7. Tilotama Pidikaka | (English-PG) |
| 8. Namita Naik | (English-PG) |
| 9. Debasmita Tudu | (English-PG) |



Report on Student Counselling and Mentoring

A mentoring session was conducted on dt. 12th December 2021, Saturday, 4.30p.m. in the Room No. LT-301 of the Academic Building with 4 girls of first year Post Graduation course of English programme who have been assigned to me as mentees.

During discussion on general well-being, it was noticed that Lalita Kanhar appeared depressed and sad. She is a girl of Kandha tribe from Kandhamal district, pursuing Post-Graduation in English. Upon asking, she shared that her parents wanted to get her married and are forcing her to quit her studies in the mid-session. I came to know that she belongs to a large family of seven members. She has four younger sisters, two of whom have already dropped out from school. The other two are in high schools in her village. Her parents were daily labourers and it's difficult for them to run the family any more. Moreover, the father was not keeping well those days and hence, he wanted to get over the liabilities. But Lalita wanted to study and aims to be a teacher. She had tried her best to convince her parents but they were rigid and refused to listen to her. I collected the contact details of her parents and assured to talk and convince them. I counselled her and praise her for daring to take a bold decision and not giving in to the undue demands of her parents.

After the session got over, I discussed the matter with the hostel warden and contacted her father. Initially he was not ready to listen to my request. But gradually got convinced when I put forth examples of girls from his district who have studied and are well settled in life now. Even he realised the necessity of educating the girls in the present day scenario. I requested him to visit the campus and see for himself how the girls are excelling in every field. He promised to allow Lalita to complete her studies and pursue the career she has chosen.

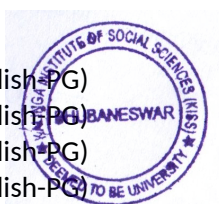
This session was such a satisfying and gratifying experience for me.

Dr. Preetinanda Roy

Mentees Present

1. Archana Raita
2. Lalita Kanhar
3. Subhanjeeta Mandal
4. Ananita Karjee

(English-PG)
(English-PG)
(English-PG)
(English-PG)



Report on Student Counselling and Mentoring

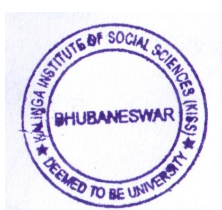
A mentoring session was conducted on dt. 27th February 2022, Saturday, 4.30p.m. in the Room No. LT 204 of the Academic Building with 4 girls of first year Post Graduation course of English programme who have been assigned to me as mentees.

During discussion, one of my mentees Namita Naik shared that she wanted to go home as she had to link her Adhaar Card with her bank account. The bank has issued a deadline to complete that but her parents are not willing to come to pick her. Upon enquiry, I came to know that her father had remarried after the death of her mother 3 years back. Her step-mother was not allowing him to come and meet her. Every year since his remarriage, she had to stay back at the hostel or go to her maternal uncle's house, if he agrees. This was the same for her brother who was staying at a government college hostel. I consoled her saying that I would talk to her father and try to sort out things. After the session, I talked to her father and he seemed to me an innocent man who had genuine care for his children. I also talked to her step-mother. I promised her to take steps to help her own son get admission in KISS school. She assured to send Namita's father in a few days to take her home. I am quite hopeful and positive after the discussion.

Dr. Preetinanda Roy

Mentees Present

- | | |
|----------------------|--------------|
| 1. Gayatri Karjee | (English-PG) |
| 2. Muni Gamango | (English-PG) |
| 3. Nikita Pradhan | (English-PG) |
| 4. Roshnirani Naik | (English-PG) |
| 5. Sisina Karjee | (English-PG) |
| 6. Srijanti Pidikaka | (English-PG) |
| 7. Tilotama Pidikaka | (English-PG) |
| 8. Namita Naik | (English-PG) |
| 9. Debasmita Tudur | (English-PG) |



Report on Special Counselling and Mentoring

A special mentoring session was conducted on dt. 10th July 2022, Saturday, 4.30p.m. in the Room No. LT-303 of the Academic Building with Archana raita, a girls of second year Post Graduation course of English programme who have been assigned to me as a mentee.

This session was a special mentoring session conducted for a specific purpose. I found that the result graph of Archana was gradually deteriorating. She used to be a very active and brilliant girl. But since last few months, she was silent and not focussed. So, I decided to have a personal discussion with her. After a general discussion, I came to know that she was disturbed and she open up why. During the vacation, when she had gone home, she fell in love with a boy. He was staying in her village and her family is also willing to get her married to him. That's why she was losing focus in studies. I understood the real issue and counselled her accordingly. I tried to make her realise the that it was quite normal to have such associations at teen age. But she must realise the importance of getting economically settled before planning a future with that guy. I counselled her on the adverse effects of getting married at such an early age. I praised her academic performances and her leadership skills for which she was popular in the campus. I made her understand that she has a bright future if she stays focused and thereafter she would be free to decide the course of her life. She seemed to understand everything and promised me to get back to her previous self.

After the session got over, I discussed the matter with the hostel warden and she assured to arrange a session for her with the official counsellor of KISS.

Dr. Preetinanda Roy



1.MENTOR- MENTEE REPORT

DATE-17TH DECEMBER, 2022

CLASS- P.G 1ST YEAR

TIME-4.30- 5.30p.m

Topic of Discussion- Improving Public speaking

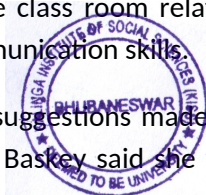
With regard to the seminar organized under pg curriculum, students shared the difficulties faced while delivering. The major ones which came up were

1. Lack of confidence
2. Anxiety facing the audience
3. Difficulty comprehending sentences and lack of vocabulary
4. Lack of fluency
5. Fear of being ridiculed by the peers
6. Shyness
7. Nervousness

All of these issues were heard upon and individual experiences shared were taken into account. Various suggestions and practices were recommended which included the following-

1. Going through the oxford dictionary and learning at least five words along with their meanings.
2. Going through the grammar books for forming grammatically correct sentences and seek help from their English teacher for the same.
3. Reading more and more of the textbooks and novels by getting issued from the library.
4. Listening to the news or good discussions.
5. To imitate and try speaking in English among themselves as well as with their teachers.
6. To participate in classroom discussions while learning their texts.
7. To participate, listen and recept from various national and international resource person coming for seminars and conferences organized by the university.
8. Try and become more extroverts and open up with peers and faculties.
9. Improve their self esteem and participate in more public speaking activities.
10. Class room activities like debates, extempore should be included in daily practice.
11. Audio visuals must be shown in the class room related to their study material for better reception and improvement of communication skills.

Students very attentively heard all the suggestions made and agreed to follow from the same day. One of the students named Dulari Baskey said she would like to speak the way i do and



asked me to help her by communicating in English with her. One of the observations made by me was that all the students had the desire of improving their speaking skills and be confident while speaking publicly. The meeting ended on a very positive note.

2.MENTOR MENTEE REPORT

DATE-11TH FEBRUARY, 2023

CLASS- PG 1ST YEAR

TOPIC OF DISCUSSION- Importance and strategies to improve Self Belief

Discussion regarding the concept of believing oneself, one's capabilities and abilities was undertaken with pg 1st year students. The discussion mainly focussed on explaining the importance of self belief in which we discussed how self belief leads to

1. Creativity
2. Personal development
3. Success
4. Recognize opportunities
5. Freedom to make more mistakes

There was an activity given to the students in which they were asked to talk about the instances where they actually believed they could succeed and they did. Numerous examples came up and there was a joint discussion. Students enjoyed it.

Thereafter the strategies to improve self belief was discussed which included

1. Recognizing negative thoughts.
2. Challenging one self
3. Self care
4. Learning to accept failure
5. Working on strengths
6. Embracing who we are
7. Stepping out from the expectations of others.
8. Positive thinking
9. Surrounding self with positive people.
10. Being kind to oneself



11. Practising positive self talk

12. Setting realistic goals.

Students admitted that they lacked in self belief as they had seen lot of adversities and crisis in early childhood. After learning to focus on the positive things in life during the session they admitted that they were lucky to get a chance to get into such great institute like KISS and expressed the gratitude towards Dr.Achyuta Samantha for providing the opportunity. Many of them promised to encash this golden opportunity were they have been provided world class facilities in every context by the university and work towards the holistic development.

3.MENTOR-MENTEE REPORT

DATE-17TH SEPTMEMBER, 2022

CLASS-P.G 2ND YEAR

TIMING-4.30-5.30 P.M

TOPIC OF DISCUSSION- IMPORTANCE OF MENTAL HEALTH

A discussion regarding the Mental health was undertaken with PG 2nd year students. The importance of Mental Health was explained which mainly were-

1. Coping with Stressors of life
2. Being physically healthy
3. Having good relationships
4. Making meaningful contribution to the community
5. Being productive
6. Realizing full potential

Students had curiosity about knowing the connection between mental and physical health and few questions were put forward. After addressing the questions the discussion moved on understanding the concept of holistic health and all of its components including mental, physical, social, emotional and spiritual. Ambika Majhi shared an incident of how talking about mental health and getting access to mental health was stigmatised in her village. Gradually lot more examples popped.

Then the strategies to improve the mental health were discussed which mainly included

1. Staying positive
2. Practicing gratitude
3. Taking care of the physical health



4. Connecting with others
5. Developing coping skills
6. Meditation
7. Relaxation techniques
8. Mindfulness
10. Yoga and exercise
11. Proper Sleep
12. Tech free time
13. No substance abuse

Activities like yoga, meditation is being conducted by KISS keeping in view the the mental and physical well being of the students. Students got encouraged and ensured their participation in such activities. Sports also constitute the integral part of the institutions keeping in view the physical, mental health and activeness of the students. Proper training, facilities and competent coaches are available to train the students. Students were motivated to practice all the strategies discussed and also educate people in their community about the mental health and the stigma related to it.

4.MENTOR-MENTEE REPORT

DATE-19TH NOVEMBER

TIME-4.30-5.30 p.m

CLASS- P.G 2ND YEAR

INDIVIDUAL SESSION

In my class one of the students named Arpita was identified as a slow learner. The symptoms predominantly observed included

1. Trouble concentrating
2. Struggles with the simplest of concepts and difficulty retaining what was learned
3. Clumsiness
4. Showed proficiency in other tasks rather than a subject area
5. Difficulties understanding several steps in a task
6. Difficulties transferring information learned in one situation to other situations
7. Low self-concept/self-esteem
8. Poor judgment, immature social behaviour
9. Frustration, aggression, anxiety



INTERVENTION STRATEGIES APPLIED

1. Remedial Teaching

Remedial teaching included activities, techniques, and practices to eliminate weaknesses or deficiencies that she had for example deficiencies in understanding the concept was reduced or eliminated by reteaching the content that was not learned earlier.

2. Lessons that incorporated her interests, needs, and experiences were developed. This helped address the short attention span

3. **Frequently varied Instructional Technique:** Switching from lecture to discussion and then to work provided the variety needed to stay engaged in the learning process. In addition variety instructional technique offered her the opportunity to see the same content presented in different ways.

4. **Individualized Learning Materials:** She responded favourably to frequent reinforcement of small segments of learning. Therefore, programmed texts and interactive computer instruction were effective in remediation of the basic skills of hers.

- 5. **Audio and Visual Materials:** Incorporating films, videotapes, and audio into lessons helped her accommodate the instruction to the strategies learning modalities.

6. **Quizz: Various** quizzes regarding the learning content was made and practiced for better understanding and retention.

7. **Peer learning:** Arpita and two other friends of her formed a peer group in which joint studies were undertaken and she was helped by her friends in her studies.

She showed massive improvement but the process is still going on. She had been called for many consecutive mentoring sessions to know about the advancement and progress and also the difficulties which still prevailed.

5. MENTOR-MENTEE REPORT

DATE-22ND OCTOBER, 2022

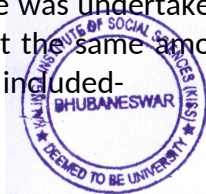
CLASS- P.G 2ND YEAR

TIME-4.30-5.30P.M

TOPIC OF DISCUSSION- MENSTRUAL HYGIENE

A group discussion on Menstrual Hygiene was undertaken with P.G 2nd year girls keeping in view the importance of awareness about the same among the adolescent girls. The major areas which encompassed the discussion included-

1. Types of absorbents used



2. Frequency of changing the absorbents
3. Methods of disposal.
4. Menstrual hygiene practices like bathing, hand washing, cleaning etc.
5. Awareness regarding the reproductive tract infections
6. Intensity of blood flow

Various queries and questions came up from the students end were addressed mainly regarding

1. Physical and Psychological problems faced
2. Significance of maintaining menstrual hygiene and the consequence of poor practice

Education about the Reproductive Health was also imparted during the session.

Students were encouraged to adapt the measures discussed and also create awareness among their family and community they belonged. Discussion was very lively and interactive. They pledged to incorporate all the learnings in their lives and act as catalyst in educating other adolescent girls and bring a change and reform in the society.



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ନିରାପଣ, ପରିଚାଳନା, ଶୁଦ୍ଧିକରଣ, ଶିକ୍ଷା, ସ୍ୱାସ୍ଥ୍ୟ ସମ୍ବନ୍ଧୀୟ ପ୍ରକାର ସୁରକ୍ଷା ଓ
ସୁବିଧା ସମ୍ପନ୍ନ ହୋଇଥାଏ । ଆଉ ସମସ୍ତଙ୍କୁ ବଢ଼ିବା
ଶୁଭିଚ୍ଛା, ସମାଜ ସୁଖ ମନୋରମତା ଏହି ଛାତ୍ରଛାତ୍ରୀ
ପ୍ରତିଷ୍ଠିତ ଗୋଟିଏ ଉଦ୍ଦେଶ୍ୟ । ଏଥିରେ ସୁଲଭତା ଗ୍ରହଣ
କରି କ୍ଷମ୍ବିକାମାନଙ୍କୁ ଏକାକୀ କଥାବାର୍ତ୍ତା Mentorship
ସୁରକ୍ଷା ମାଧ୍ୟମ ଥିବା ଅଭିବ୍ୟକ୍ତି ସହ କ୍ଷମ୍ବିକା ଉପରେ
ମହତ୍ତ୍ୱପୂର୍ଣ୍ଣ ଗୋଟିଏ କରିବାଦିକା । କିନ୍ତୁ ଓ ଶିକ୍ଷାମୟ ମାଧ୍ୟମ
ଦ୍ୱାରା ଆବଶ୍ୟକୀୟ ପ୍ରକାରର ଓପେନ ଏକାକୀ
କାର୍ଯ୍ୟକ୍ରମ । ସୁରକ୍ଷାକ୍ରମର ଉପାଦାନ ସହ ଏକାକୀ
ନିର୍ଦ୍ଦେଶ ଦେବା ଏକ ବିଶାଳତା ଗୋଟିଏ ଓକି ମିଳିବ
Mentor ଓପେନ ହୋଇଥାଏ । ଏହି ସମ୍ପ୍ରଦାୟର
ବ୍ୟକ୍ତିଗତ ଓକି ଗୋଟିଏ ଓକି ଗୋଟିଏ କିନ୍ତୁ ମଧ୍ୟ
Mentoring class କରିଥାଏ । ଉପସ୍ଥିତି, ଉପସ୍ଥିତି
ନିମ୍ନ, ଗୋଟିଏ କିନ୍ତୁ କିନ୍ତୁ ଗୋଟିଏ କିନ୍ତୁ । ପରିଚାଳନା
Mentorship କିନ୍ତୁ ଗୋଟିଏ କିନ୍ତୁ କିନ୍ତୁ କିନ୍ତୁ
କରିଥାଏ । ଗୋଟିଏ କିନ୍ତୁ ପ୍ରକାରର ମହିଷକଣ୍ଠ, ମାନ୍ୟତା
ସ୍ୱାସ୍ଥ୍ୟ ସମସ୍ତ ବ୍ୟାପକ କିନ୍ତୁ ଆବଶ୍ୟକୀୟ କରିଥାଏ ।



ଆନ୍ଧ୍ରୀ ନିଉଜମାନ କହିଲି, ସମସ୍ତଙ୍କ ଓ ସଞ୍ଜୁ ମୁହଁ
 କଥାକୁଲି, ଏହିଭଳି ନିଉଜମାନର ଶାନ୍ତି ନୀତିକେତ
 ଶାନ୍ତିରୁ ମୁହଁରେ ଲାଗିଛି ଏହିଭଳି କହିବାରିଆର
 ଲାଗି କୁହାଲୁଣି, ଆଗରୁ ଆଗରୁ ହିଅଛି ଏହିଭଳି
 ଉଲ୍ଲୁ ନକହି ସମସ୍ତଙ୍କ ସଞ୍ଜୁ କହି କହି କାମାଲୁ କୁହାଲୁଣି
 ଶ୍ରୀ ନିଉ ନିଉ କୁହାଲୁଣି କିମ୍ଭାବନା ଲାଗୁ ନାଲ
 ଏହାସମାନ କଥା, କହିବା ଆଗରୁ କାମାଲୁ କ ନକହି
 ଆଉ କୁହାଲୁଣି କହିଲୁ, ଏହା ମୁହଁରେ ଲାଗୁଛି
 ଲାଗୁଛି, ହିଅଛି ନିଉଜମାନ କୁହାଲୁଣି, କୁହାଲୁଣି
 ଅନ୍ଧ, କୁହାଲୁଣି ଶ୍ରୀ ଲାଗୁଛି କୁହାଲୁଣି ଅନ୍ଧ ।

କିମ୍ଭାବନା ଏହା ଏକ କୁହାଲୁଣି
 ଏହା କୁହାଲୁଣି ମେନ୍ତର ହିଅବାଲୁଣି ଅହିଲୁ
 କୁହାଲୁଣି, ହିଅଛି ନିଉଜମାନ କୁହାଲୁଣି
 କହିବାରିଆ, କୁହାଲୁଣି, କୁହାଲୁଣି କୁହାଲୁଣି
 କୁହାଲୁଣି କୁହାଲୁଣି କୁହାଲୁଣି, କୁହାଲୁଣି କୁହାଲୁଣି
 ଏହା ଏକ ମେନ୍ତର, ମେନ୍ତର କୁହାଲୁଣି କୁହାଲୁଣି
 କୁହାଲୁଣି କୁହାଲୁଣି କୁହାଲୁଣି କୁହାଲୁଣି କୁହାଲୁଣି
 କୁହାଲୁଣି କୁହାଲୁଣି କୁହାଲୁଣି କୁହାଲୁଣି କୁହାଲୁଣି
 କୁହାଲୁଣି କୁହାଲୁଣି କୁହାଲୁଣି କୁହାଲୁଣି କୁହାଲୁଣି
 କୁହାଲୁଣି କୁହାଲୁଣି କୁହାଲୁଣି କୁହାଲୁଣି କୁହାଲୁଣି
 କୁହାଲୁଣି କୁହାଲୁଣି କୁହାଲୁଣି କୁହାଲୁଣି କୁହାଲୁଣି



କୁହାଲୁଣି କୁହାଲୁଣି

Mentoring ଏକ ସୁନ୍ଦର system ଲାଗୁ କର
 ବ୍ୟବସାୟରେ ଛାତ୍ର ଛାତ୍ରୀଙ୍କର ବାବଦ, ଆର୍ଥିକ, ଶିକ୍ଷା
 ଶକ୍ତି, ସଂସ୍ଥା ଓ ସମ୍ପଦ କହିବାହୁଏ । ଏହି ସମ୍ପର୍କରେ
 ଏକ ନିର୍ଦ୍ଦିଷ୍ଟ ସମୟରେ Mentoring class ଚାଲୁଥାଏ ।
 Mentee ନାମ ସମ୍ପର୍କରେ ନିଜର ବର୍ତ୍ତମାନ Mentorଙ୍କ
 ସହ ସୂଚନା, ଅନୁଭବ, ଭଲ, ମନ୍ତି ସବୁ କଥାକୁ
 କହିଥାନ୍ତି । ଯୋଗ୍ୟ ଲବଣୀ ମନେ ଆସୁଛି, ତେ
 ବସନ୍ତର ଲେଖୁଛି ।

ବିଭିନ୍ନ ସ୍ତରରେ ଏଥର ବର୍ତ୍ତର ଛାତ୍ରୀ ଥାଏ ।
 ମଧ୍ୟମ ଶାଳୀ ସ୍ତରରେ । ଭଲ ୩୦ ବ ୩୫ । କିନ୍ତୁ
 ଆଶ୍ଚର୍ଯ୍ୟ କଥା, ସେ କାନ୍ଥ ସଂଳାପ ବିଷୟ ଗୁଡ଼ିକ କି କଥା
 କିନ୍ତୁ ଚର୍ଚ୍ଚା କଥା ହୁଏ । Mentoring class
 ରେ ହୁଏ ବାହା ଏହି ସ୍ତରରେ ବସନ୍ତର କଥା ମିଆଁ
 ବାହା class ମଧ୍ୟ ମଧ୍ୟ ଏକାକୀ କଥା ଯୁକ୍ତ
 ଆହୁରି କଲି । ଅନ୍ୟ କଥା, ପ୍ରଶ୍ନ, ମିତ୍ର କଥା
 ମଧ୍ୟ, ମଧ୍ୟରୁ କୁହୁଛି ଯେ, ସେ କଥାକୁ ସୁବୁଦ୍ଧି ମନ
 କରୁଛି । ବିଭିନ୍ନ ର ସମୟରେ ସମ୍ପଦ କଲ । କାନ୍ଥ
 ବାହାରେ ମିତ୍ର କା ବଳ କା କହିଲେ ଯେ
 ଗୋଟିଏ ଭଲ ମିତ୍ର କଲ ଯୁକ୍ତ? ସେ ଅନୁଭବ ଓ
 କଲ ସମ୍ପଦ ଯୁକ୍ତ କାନ୍ଥ ମିତ୍ର ମିତ୍ର, ବଳ
 ଭଲ ବସନ୍ତର କହିଲେ ମିତ୍ର । ଯେଉଁ
 ଯାହା ବ କଥାକୁ କହିଲେ ମିତ୍ର ।

ଓଃ! ଏହି କଥା କହି ହୁଏ ବଳ

ଆମ୍ଭେ ଆମ୍ଭେ କପ କପ ମହାନବିଷାକ ପ୍ରକାଶ କରୁଛୁ,
 ଭବିଷ୍ୟତକୁ ପ୍ରତିଆର ସମସ୍ତେ ସୁମର, ସୁମର, କଷ୍ଟ
 ହୁଅନ୍ତୁ । ସୁଖ ସୁମର ସବୁକୁ ଅତିକ୍ରମ କରିପାରିବ ।
 ଲକ୍ଷ୍ମଣଙ୍କ ସୁସ୍ଥିତି ସହରର ସେବା ନାହିଁ । ଶା' ଭିତର
 ପ୍ରକାଶ ସୁଖ ହୃଦୟକୁ ସବୁ ହୃଦୟିକ । ସବୁକୁ 'କୃତ୍ୟ' ।
 ଆମ୍ଭେ ନ ଶା' ନିକଟ ଭବିଷ୍ୟତ ମଧ୍ୟ ମାନ୍ୟତା
 ଆମ୍ଭେ କରିବା ନାହିଁ କଷ୍ଟ ଶା' ନାମରେ ଅଛି, ଶା'ର
 ସମାପ୍ତ କରିବାକୁ ପ୍ରାରମ୍ଭ କରି । ସବୁକୁ ନୁହେଁ କେବଳ
 ସହ କଥା ନୁହେଁ, କଥା ପ୍ରକାଶରେ ନିକଟ ମହତ୍ତ୍ୱ ସମ୍ପର୍କ
 ବୁଝିବାକୁ କୁହୁ । ଆମ୍ଭେ ଆମ୍ଭେ କେ ଅମୀନାତଙ୍କ ସହ
 ବିଶିଷ୍ଟ, ସମାନ୍ତର, ପ୍ରତିଷ୍ଠା ଆହୁତ କଥା । ବର୍ତ୍ତମାନ
 ଏକ ମାନ୍ୟତା ଦିଅ ଶା'ର ଶା'ର ଶା'ର, ଶା'ର
 ଶା'ର ଶା'ର ହୁଅନ୍ତୁ, କେବଳ ମାନ୍ୟତାରେ complexity
 ଶା' ଭିତର ଆତ୍ମ ନାହିଁ । କେବଳ ଭିତର ମହାଶକ୍ତି
 ଶା'ର କହିବା କେବଳ ଶା'ର କଥା ହୁଅନ୍ତୁ ଆମ୍ଭେ
 କେ ଏକ କୁହୁ । କେବଳ ସାଧନର ପ୍ରକାର ସହ
 ହେବା କହି ପ୍ରତିଷ୍ଠା । ବିଧିର ସୁଦ୍ଧା କଥା ନେବା
 ପ୍ରତିଷ୍ଠା କୁହୁ, ଏ ସବୁ ସବୁକ ଶା'ର ମହତ୍ତ୍ୱ
 ଆମ୍ଭେ ବିଶ୍ୱାସୀନାହିଁ ମହାଶକ୍ତିରେ ସୁଖମ
 ଶା'ର, ଏକ ଶା'ର ଶା'ର ନେବା ଏକ କଥା ।
 ଶା'ର ଶା'ର ମହାଶକ୍ତି

